

National Representative Report

Name
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Country (click and select)
Austria
Do you represent a second country?
No
Reporting Year
2026
General Summary: What's happening within the field of breathwork in your country? What actions or activities did you create as the National Representative?
19th National Breathing Days in Vienna (once a year) and for the first time in Carinthia. Breathing Festival (once a year). Ongoing periodical in German since 1991. Breathwork Training.
Number of individual members in your country
6
Number of professional members in your country
2
Number of schools / organisations in your country
1
How do you enjoy serving as your country's National Representative? On a scale from 0 to 10, where 10 is the best.
10
Elected as NR in (year)

National Representative Report

1995
Will you continue in your role as National Representative for the coming year?
No
Reason why you are stepping down
Maximum Term
Do you have a successor, or would you like to suggest a certain person as your successor?
Yes
Who would you like to suggest?
Linda Bauer
Did you attract new members?
Yes
Have you connected with existing members in your country?
Yes
How was the experience?
Delightful
Were you engaged in World Breathing Day (April 11) in your country/region?
Yes
Do you run a national IBF social media channel in your country?
No
Did you attend most NR/Taskforce meetings during the last year?
Yes
Do you need support from the organisation, or from fellow NR/Ambassadors?

National Representative Report

No
How was it for you to work with members of the IBF leadership teams? On a scale from 0 to 10, where 10 is the best.
10
How do you feel about being in service for the organisation? On a scale from 0 to 10, where 10 is the best.
10
Will you be attending the next conference?
Yes
How do you like where the organisation is heading? On a scale from 0 to 10, where 10 is the best.
10
How do you like the current AGM format? On a scale from 0 to 10, where 10 is the best.
8
GDPR Agreement
Accepted
Date of submission
16/05/2026